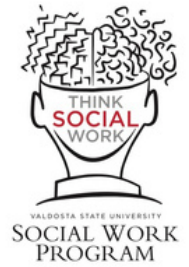


2024 Spring CEU Conference

May 17 & 18 @ Valdosta State University

**Empowering Social Workers:
Demystifying Trauma in the Behavioral Health Field**



May 17, 2024

8:00 am

Registration, networking, and refreshments

8:30 am

Welcome from Dr. Debra Gresham, Master of Social Work Program Director

8:45 -
10:15 am

Practical Applications of Trauma Therapy (1.5 CEUs)

Jason Griner, LCSW and Teresa Morrison, LCSW

This presentation is an overview of the practical applications of trauma designed to ameliorate the symptoms and distress of trauma induced emotions and behaviors. Case examples will demonstrate how to apply self-soothing and treatment practices in varied clinical settings. Education will also be provided on how come self-soothing practices are essential to treatment and to long-term recovery, in addition to specialized trauma treatment.

10:30 am -
12:00 pm

The Power of the Therapeutic Alliance in the Treatment of Complex Trauma (1.5 CEUs)

Dr. Sheba Phillips, LCSW

This workshop is designed to challenge the barriers in effectively treating clients with complex PTSD and attachment trauma by utilizing the components of the therapeutic alliance. Strategies will be provided and demonstrated for developing an alliance with clients who have experienced interpersonal trauma. The workshop will also examine the importance of social workers practicing adequate self-care in creating and maintaining a strong therapeutic alliance.

12:00 -
1:00 pm

Lunch

1:15 -
2:45 pm

An Introduction to Bilateral Assessment Stimulation Treatment: AKA - BLAST (1.5 CEUs)

Jason Griner, LCSW

Since its creation and development by Nick Davies in the UK, BLAST has been used throughout Great Britain and Europe and now the United States. We will be exploring how BLAST came to be and how it brings about enduring change through the use of bilateral stimulation and the unconscious mind for those suffering from the effects of trauma.

3:00- 4:30 pm

Trauma: Understanding It and Treating It (1.5 CEUs)

Nancy Weingartner, LCSW

Traumatic events have increased significantly over the last 15 years due to hurricanes, Covid, wars and continued unrest in the US and the world. We, as mental health providers or clinicians, in treatment or service settings, need to be able to identify and understand trauma so as to treat or refer when the trauma is the primary concern or when trauma may be the underlying cause in chronic pain, health issues, educational limitations, violence, etc. The session will focus on understanding and treating trauma, identifying symptoms and determining appropriate treatment modalities and interventions. Further, will educate on the neurobiology of the brain, the window of tolerance, generational trauma, moral injuries, and compassion fatigue.

4:30 pm

Evaluation & Close

May 18, 2024

8:00 am

Registration, networking, and refreshments

8:30 am

Welcome from Dr. Debra Gresham, Master of Social Work Program Director

8:45 - 10:15 am

Ethics: Inter-Personal Boundaries and Dual Relationships (5 CEUs)

Dr. Lucy R. Cannon, LCSW, LICSW, CAADC, MATS

Many Social Workers and counselors work in this field because they want to help their clients work through their problems while connecting them to resources that will enable them to manage their lives. They come to us because of our ability to demonstrate empathy, compassion, nonjudgmental behavior, trustworthiness, clinical skills, and knowledge. Our clients share the most intimate and personal aspects of their lives and problems that in many cases lead them to our field of help. When collaborating with clients, social workers and counselors must maintain clear boundaries to assure professional integrity and responsibility in this telehealth age. It is necessary to avoid dual relationships and be aware of exceptions to these types of relationships and how to manage them in the workplace. We must not violate our clients and families' trust or do harm during or after the therapeutic relationship ends.

10:30am - 12:00pm

12:00 - 1:00 pm

Lunch

1:15 - 3:15 pm

Continuation of Dr. Lucy R. Cannon's Ethics Session

3:30 pm

Evaluation & Wrap-up